

# Medical certificate

(To be completed by your doctor)

If a Comprehensive Medical Assessment (CMA) has been completed recently please attach a copy

**Patients name:** \_\_\_\_\_ **Date of birth:**     /     /

**Current address:** \_\_\_\_\_

**Postcode:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Current diagnosis:**  
(Please attach relevant specialist reports if available)

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**Dementia diagnosis:**  Yes  No     **Type of dementia:** \_\_\_\_\_

**Date of diagnosis:** (Please attach relevant reports if available)     /     /

**Past illnesses/diagnoses:** \_\_\_\_\_

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**Other medical history**

Never smoked    Smoked   Age started: \_\_\_\_ Age stopped: \_\_\_\_ Current cigarettes/day: \_\_\_\_\_

Alcohol drinks/week: \_\_\_\_\_

**Other issues impacting on health:**

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**Date of last flu vaccination:**     /     /

**Date of last tetanus:**     /     /

**Date of last pneumovax:**     /     /

**Past operations/surgical procedures:** \_\_\_\_\_

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**Allergies (eg drugs, food, other):** please specify if mild, moderate or severe  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Current medications:**  
(Please include all oral, topical, trans-dermal, injected and complementary medications)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**General physical condition**

**Weight:** \_\_\_\_\_ **Height:** \_\_\_\_\_ **Pulse:** \_\_\_\_\_

**Urinalysis:** \_\_\_\_\_ **BP:** \_\_\_\_\_

**Diet:** (Specify any special dietary requirements)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Skin**

**Condition of skin:**  Good  Poor

**Description of skin conditions/ rashes:**  
\_\_\_\_\_  
\_\_\_\_\_

**Wounds/bruises:**  Yes  No

**Current treatment:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Sleep**

**Rest & sleep patterns:**  Uninterrupted  Interrupted (please give detail):  
\_\_\_\_\_

Sleeping medication (occasional or regular)

Average hours sleep/night:  
\_\_\_\_\_

**Pain**

**Painful areas or movements:** (please describe)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Current pain management strategies:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Family history**

**Maternal age of death:** \_\_\_\_\_ **Paternal age of death:** \_\_\_\_\_

**Other comments:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Doctor's details**

**Name of Doctor (please print):** \_\_\_\_\_

**Signature of Doctor:** \_\_\_\_\_ **Date:**     /     /

**Address:** \_\_\_\_\_

**Postcode:** \_\_\_\_\_

**Phone:** \_\_\_\_\_