



Our Respite Cottage seeks to support people who are frail aged or those who are living with dementia

Sinclair Cottage provides short-term care in a home-like and comfortable environment, allowing the primary carer to take a break from their usual caring roles knowing that the person that they care for is being well looked after.

Sinclair Cottage is a dual purpose service offering both a Social Club and Overnight Respite in the one location.

What can you expect at Sinclair Cottage?

Within the cottage, guests can relax or may choose to participate in a range of activities. Regular outings take place to a variety of interesting destinations. Nutritious home cooked meals are also served throughout the day.

How can I access respite through the Cottage?

This service is available to people living in Sutherland Shire, St George area and surrounds. If you are a primary carer enquiring into costs, eligibility and availability, you can directly contact the Sinclair Cottage Manager.

Like to know more?

Please contact us for more information regarding costs, eligibility and availability.

☎ 02 9522 1651

@ sinclaircottage@hammond.com.au

🌐 hammondcareathome.com.au



Sinclair Cottage

86-110 Bellingara Road
Miranda NSW 2228

HammondCare

Level 4, 207B Pacific Highway
St Leonards NSW 2065

P 02 8280 8444 F 02 9267 3103
hammondcare.com.au

