



## Our Social Club seeks to support older people living in the community

Elderwise provides an inclusive environment where older people, including people living with dementia can take a break from their home environment, connect with their community and spend a day socialising.

The social club also allows family members and friends to take a break and enjoy some time out from their caring roles.

### What can you expect at Elderwise?

For those attending the club, there are plenty of activities to enjoy, including outings and social events, in a safe and supportive environment. Our activities are tailored to suit each individual. These include, but are not limited to, gardening, helping in the kitchen, reading, painting, reminiscing or just relaxing.

### Who can attend?

This service is available to people living in the areas of Scone, Muswellbrook, Aberdeen, Murrurundi and surrounds, who are frail older people, including people living with dementia.

### Like to know more?

Please contact us for more information regarding costs, eligibility and availability.

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