HammondCare h.

Pastoral Care
Support for *YOUR* life's journey

HammondCare Home Care,
social clubs and respite cottages

**It's not just care.
It's HammondCare.**

HammondCare believes in the value of all people as made in the image of God and as loved by God. We are all whole people and we want to support you to meet your spiritual as well as your emotional and physical needs and goals.

Taking time to care for yourself is essential. This 'self-care' could be as simple as a peaceful walk to enjoy a change of scenery, a moment of reflection, or a supportive conversation with a Pastoral Care team member. We're here for you whenever you need us.

As a valued client or guest of HammondCare, Pastoral Care is provided at no cost to you.

At HammondCare, we support every aspect of your wellbeing - emotional, spiritual, and physical.

Our compassionate Pastoral Care team

Our Pastoral Care team consists of skilled and compassionate individuals who offer comfort, reassurance, and a listening ear to you, whatever your cultural background and whether or not you have religious beliefs.

We're here to support you

Caring for people is our passion. We understand that changes such as illness or reduced mobility can be challenging, affecting not only your physical health but also your emotional and spiritual wellbeing. Our team is here to provide you with the time and space to make sense of these changes, offering a listening ear and helping you explore life's important questions:

- Who am I now?
- What's happening to me?
- Where do I go from here?
- Why?

Supporting personal faith

As part of the HammondCare multidisciplinary team, our Pastoral Carers are dedicated to supporting your personal religious beliefs. Whether you're looking for prayer, Bible readings, or just a conversation about faith, we're here to assist. We can also arrange visits from leaders of other faiths. Additionally, music and singing can be incorporated to help nurture the whole person through reminiscence and connection.

If you're not religious?

We know that not everyone has a religious faith, but everyone has hopes, dreams, and sometimes disappointments. Our Pastoral Care team is here to listen and explore what truly matters to you, wherever you are on your life's journey.

Help where and when you need it

Whether you're at home, in a respite cottage, or at a social club, our Pastoral Care team is available to visit and support you.

Simply speak with a member of your care team, or contact the Support Team directly at
1800 826 166

'During my husband's illness, the Pastoral Care team provided incredible support. Their compassionate presence made a world of difference, helping us navigate those challenging days with greater peace and understanding.' - Betty

Support for carers

Supporting carers is a vital part of the care we provide. We understand that carers often feel stretched, tired, and may be grieving while continuing to care for their loved ones. A member of the Pastoral Care team could support by visiting you at home, phoning you for a chat, or getting together with you outside the home. Carers with a loved one enjoying cottage respite or a social club can also receive this support.

Getting in touch

To request Pastoral Care support – whether you're a client, respite guest, or carer – call 1800 826 166 anytime. We look forward to getting to know you and understanding your challenges.

HammondCare is motivated by the words and actions of Jesus Christ. Jesus invites us to relate to him personally, as a loving companion for our journey through life.

Whatever your faith background or religious beliefs, we hope you find these verses comforting and encouraging.

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."
Philippians 4:6

"God is our refuge and strength, an ever-present help in trouble."
Psalm 46:1

Care that works, from a team you know, in a place you belong.

YOUR PLACE

hammondcare.com.au

INDEPENDENT • CHRISTIAN • CHARITY

HammondCare