

# Bugari Cottage Respite Care

A much-needed  
break for you and  
your loved one



As an independent Christian charity, HammondCare champions life.



# Care tailored to your individual needs

Bugari Cottage provides specialised care for older people and those living with dementia.

Offering overnight respite care, Bugari Cottage is a welcoming home away from home for your loved one, while you take a little time out for yourself.

These services can be accessed through existing Commonwealth Home Support Programme (CHSP) funding.



## Features of Bugari Cottage

Located on a quiet, leafy residential area, Bugari Cottage offers a warm and inviting ambience for guests, along with friendly amenities and high quality, compassionate care.

The single-level family residence with four guest bedrooms provides comfort and functionality for older people and those living with dementia, and features a range of relaxed spaces for guests to enjoy. Reverse cycle air conditioning will also ensure comfort for guests all year round.



- The open plan living area with warm furnishings provides a welcoming space for a range of daily lifestyle activities and entertainment.
- The roomy kitchen is a great place for everyone to gather together to eat or catch up over a cup of tea.
- Guests may wish to take advantage of the al fresco entertaining area which overlooks the saltwater pool.
- The lush lawn at the rear of the cottage is ideal for soaking up the sun and breathing in fresh air.

With an easy flow design throughout and accessible main bathroom, Bugari Cottage has been thoughtfully planned to help people move around the cottage with ease.



## Respite Care

When you are a carer, it's important to take some time out to rest and recharge. Bugari Cottage offers short term overnight respite care provided by a team of specialist trained carers.

Respite guests can enjoy a comfortable home-like environment, including spacious open plan living, where guests are supported with daily tasks, provided with a wide range of social activities, and can enjoy delicious meals prepared fresh daily.

The four guest bedrooms are spacious and well-maintained, and a practical family living design throughout the cottage flows onto level outdoor spaces.

The addition of the saltwater pool completes the package for a relaxed respite experience in the tranquil Northern Beaches area.









## Specialised and compassionate care

All staff at Bugari Cottage are trained to provide specialised and compassionate care, with expertise in dementia care. Their main focus is to provide a safe, happy and supportive environment that promotes independence and well-being.

We recognise no two people are the same, which is why HammondCare takes a personalised approach to all aspects of our care. Staff take the time to get to know each person to fully understand their individual needs.

At Bugari Cottage, respite guests are offered plenty of opportunities to take part in a range of indoor and outdoor activities tailored to individual preferences.

## Meals and dining experiences

At HammondCare, we believe good food, good company and a welcoming atmosphere are what makes a house a home. Our nutritious fresh, home-style meals served in Bugari Cottage relaxed social dining area brings pleasure to guests each day.

All meals are freshly cooked on site and tailored to each person's individual needs, including religious and cultural preferences. We recognise the importance of food quality, taste and nutrition, but also its visual appeal to stimulate appetite.

The kitchen is the hub of the cottage, where everyone has the opportunity to socialise and participate in meal preparation.



“ There has been such a positive difference in Dad’s mood and behaviour, each time he has attended overnight respite. The staff and managers are always so helpful with everything, including his personalised needs. I have witnessed such warmth, love and care towards him. ”



## Like to know more?

If you'd like to learn more about overnight respite care at Bugari Cottage, please contact us:



CALL  
**1800 826 166**



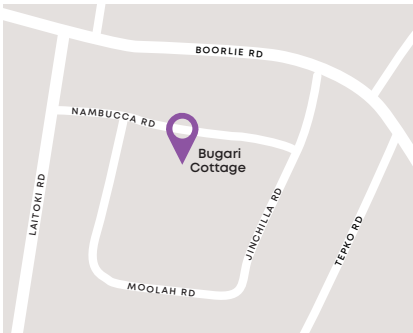
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