



## A Social Club that supports people living with or without dementia, alone or isolated

The Social Club provides an inclusive environment where people living with dementia or isolated can take a break from their home environment, connect with their community and spend a day socialising.

The Social Club also allows family members and friends to take a break and enjoy some time out from their caring roles.

### What can you expect from our Social Club?

For those attending the club, there are plenty of activities to enjoy, including outings and social events, in a safe and supportive environment. Our activities are tailored to suit each individual. These include, but are not limited to, gardening, helping in the kitchen, reading, painting, reminiscing or just relaxing. Nutritious home cooked meals are also served throughout the day.

### How can I access the service?

The service is available to people living with dementia in the Campbelltown, Liverpool, Fairfield and Bankstown local government areas. If you are a primary carer enquiring around costs, eligibility and availability, you can directly contact the Social Club Manager.

### Like to know more?

Please contact us for more information regarding costs, eligibility and availability.

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